# The Reality Tour A Journey to the Dominican Republic Mentor Application Application due to Lake or Whiteman by March 14, 2016

# Essential Information 1. PERSONAL INFORMATION

<b>Applicant:</b> First & Last Name:	Age and Year in School:	Personal Email:
Address:	High School GPA: College GPA:	Facebook Username:
Date and Place of Birth:	Cell Number:	Passport Number:
Emergency Contact 1:		
First & Last Name:	Relation:	Email:
Address:	Cell Number:	Home Number:
<b>Emergency Contact 2:</b> First & Last Name:	Relation:	Email:
Address:	Cell Number:	Home Number:

# 2. SHORT ANSWER ESSAYS

Please type your answers to the following questions on a separate document and attach to your application upon submission.

- 1. Discuss what do you do in your spare time? What are your interests both inside and outside of school? Include any involvement in extracurricular activities, clubs, as well as participation in projects or service that aims to help or improve our local, national, or global communities?
- 2. What has your post high school experience been like? What have you done? What have you learned about life? What experience do you have traveling abroad or outside of Oregon? Please explain.
- 3. What courses have you taken, or what life experiences have you had, that you feel have prepared you to participate in the Reality Tour? (A class connected directly by content, one that has inspired your

curiosity, or has been influential in guiding your interest?) Explain. What grade did you earn in those classes?

- 4. Discuss the skills you bring to the group and explain your background or experience. (Foreign language, computer literacy, instruments, leadership, organization, audio, video, culinary, wordsmith, arts, crafts, woodworking, or other.)
- 5. Please discuss why you are interested in being a Reality Tour Mentor? What do you feel you will gain from this experience? In what way do you see being a Reality Tour Mentor as a worthy investment?
- 6. Briefly discuss why you would be a good candidate for a Reality Tour Mentor.

# 3. HEALTH INFORMATION

Information about health-related matters is absolutely essential to enable responses to participants' needs. In order to best help and assist the concerns and needs of all participants, please provide information on each of the following questions. All information provided will be kept confidential.

# MEDICAL AND MENTAL HEALTH HISTORY

### **Medical Information**

#### Do you have any (or have a history) of the following conditions?

- 1. Yes No Asthma requiring daily medication
- 2. Yes No Seizure disorder
- 3. Yes No Diabetes
- 4. Yes No Any orthopedic/neurologic condition that impairs your mobility
- 5. Yes No Any congenital medical condition (e.g. congenital heart disease)
- 6. Yes No Hypertension
- 7. Yes No Dengue Fever
- 8. Yes No Altitude Sickness
- 9. Yes No Food Allergy
- 10. Yes No Medication Allergy
- 11. Yes No Insects Allergy
- 12. Yes No Seasonal Allergy (hay fever)

#### Have you experienced the following symptoms during an allergic reaction?

- 13. Yes No Reddening of the skin, itchy skin, or hives
- 14. Yes No Swollen lips or eyelids
- 15. Yes No Tightness of the throat, wheezing or difficulty breathing
- 16. Yes No Coughing or sneezing
- 17. Yes No Vomiting or diarrhea
- 18. Yes No Do you require the use of an Epi-pen for your allergies?
- 19. Yes No Have you ever had to use the Epi-pen?
- 20. Yes No Have you ever experienced anaphylactic shock?

## **Mental Health and History**

#### Do you have a history of any of the following, even if you have not seen a mental health professional for treatment?

- 21. Yes No Cutting/ Self-harm
- 22. Yes No Patterns of insufficient or excessive food intake
- 23. Yes No Excessive panic and/or anxiety
- 24. Yes No Mood problems
- 25. Yes No Unprescribed drug or excessive alcohol use
- 26. Yes No Sleeping Issues
- 27. Yes No Have you ever sought professional help for a psychological or behavioral problem? (ADHD, eating disorder)

#### Please indicate if you are currently, or in the past two years, have received any of the following services listed below.

- 28. Yes No Received outpatient mental health services (e.g. therapy or counseling sessions)
- 29. Yes No Received inpatient psychiatric services (e.g. hospitalization for psychiatric treatment)
- 30. Yes No Received chemical dependency services.
- 31. Yes No Received treatment in an eating disorder program

#### **Mental Health Medications**

32. Yes No – Are you currently, or have you within the past two years, taken prescribed medication for a psychological or behavioral problem?

### MEDICAL AND MENTAL HEALTH DETAILS

- 1. Do you have a medical condition that could require attention or accommodation? If so, explain.
- 2. Do you take any medications regularly? If so, what medication and what is it for?
- 3. Do you have any allergies? To what? What must you do during an allergy attack? If so, please explain.
- 4. Do you have any dietary restriction? If yes, please describe in detail.

#### 4. ADDITIONAL INFORMATION

Please add any additional information you consider important in order to best assist your needs.

# By signing below I acknowledge the information provided in this application to be completely factual to the extent of my knowledge.

Date

Signature of the Applicant

Signature of Parent of Guardian